

RIDA

JOURNAL OF THE
RHODE ISLAND
DENTAL ASSOCIATION

LEGISLATIVE UPDATE

This year's Annual ADA
Constituent's Council

CONTINUING EDUCATION

Upcoming Courses &
Speaker Bios



OPIOID ALTERNATIVES

What you can do to help prevent opioid
dependency and accidental overdose

EDITORIAL STAFF

ROBERT BARTRO, DDS / EDITOR

CHRIS KLIMECKO / ASSOCIATE EDITOR

MADELINE FRANK / ASSOCIATE EDITOR

2017-2018 OFFICERS

GEORGE GETTINGER, DMD / PRESIDENT

JENNIFER TORBETT, DMD / PRESIDENT ELECT

MARTIN ELSON, DDS / VICE PRESIDENT

KARYN WARD, DDS / SECRETARY

BRYAN BEAGAN, DMD / IMMEDIATE PAST PRESIDENT

RIDA STAFF

CHRIS KLIMECKO / EXECUTIVE DIRECTOR

MADELINE FRANK / OFFICE COORDINATOR

BOARD OF TRUSTEES

JOHN BIERNACKI, DMD / WOONSOCKET

PETER CHANG, DMD / KENT COUNTY

FRANK DEQUATTRO, DMD / SOUTH COUNTY

FOTINI DIONSOPOULOS, DMD / CRANSTON

JOHN KIANG, DMD / GUEST TRUSTEE

FREDERICK MCMILLEN, DDS / PROVIDENCE

WILLIAM NAUGHTON, DDS / PAWTUCKET

PETER SCHOTT, DMD / NEWPORT

RUPESH UDESHI, DDS / GUEST TRUSTEE

IN THIS ISSUE

3 ASSOCIATION UPDATE

WHAT WE'VE BEEN UP TO

7 CONTINUING EDUCATION

UPCOMING COURSES & SPEAKER BIOS

8 RADIATION REGULATIONS UPDATE

FREQUENTLY ASKED QUESTIONS

10 OPIOID ALTERNATIVES

PREVENTING OPIOID DEPENDENCE AND ACCIDENTAL OVERDOSE

11 LEGISLATIVE UPDATE

A LOOK AT THIS YEAR'S ANNUAL ADA CONSTITUENT'S COUNCIL AGENDA

CONTACT US

Rhode Island Dental Association

875 Centerville Road

Bldg. 4, Suite 12

Warwick, RI 02886

P: (401)825-7700

F: (401)825-7722

www.ridental.org

info@ridental.org

American Dental Association

800.621.8099

www.ada.org

EDITOR'S NOTE

Twenty years ago, as President of RIDA, I wrote in the newsletter that dentists are talented, caring, giving doctors that have served the public well and deserve to be presented in a positive light. That is a true statement today, but our voices need to be louder. Although email-blasts and electronic newsletters serve the purpose of dealing with immediate need, or serious calls-to-action, it has been shown that colleagues also invite a hard copy journal into their library. Major benefits of the RIDA Journal include the ability to read the information at your leisure, and the ability to save important information that is gained by our dedicated RIDA staff and executive team. With the tremendous bombardment of extraneous and overflowing information on a routine basis, it is no wonder that much email ends up in spam or is entirely deleted prior to opening. The literature that we provide you with will encompass clinical issues that are so necessary to quality patient treatment; updates regarding license at the Department of Health; ethical dilemmas that frequently require dissection; and the often confusing and hard to locate updates relating to our interface with government.

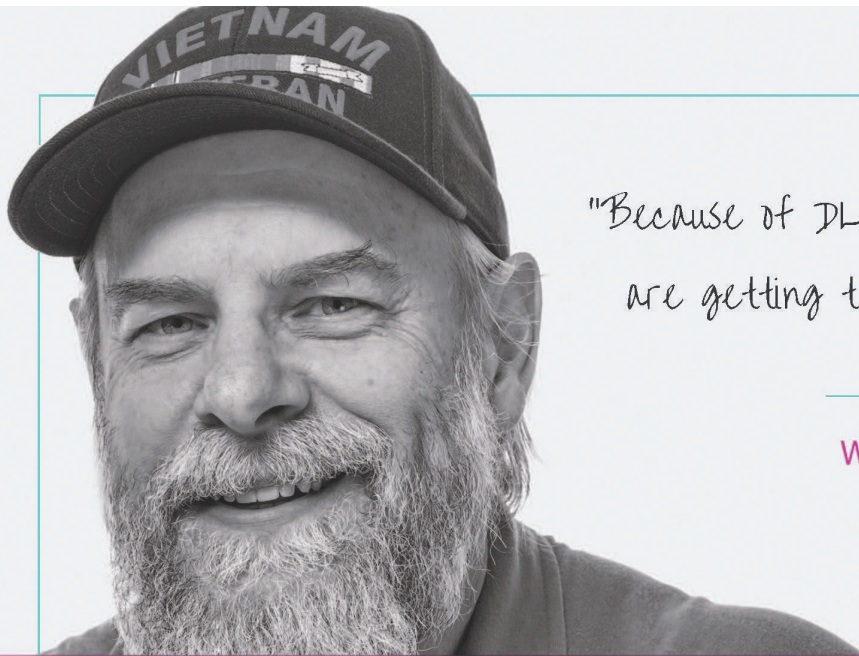
We have been blessed with top-notch legal and lobbying advice by our legal team, but going forward dentistry needs

you to be totally and fully engaged in those issues which impact your ability to practice at the highest levels that you are so accustomed to practicing. This Journal will lay out ideas and strategies that will enhance your ability to continue improving the oral health and overall health of the public that we are privileged to serve, and offer guidance about how to most effectively interface with outside influences. The problems we face are daunting, each colleague must chip-in, and not treat this like a spectator sport where we leave the problems to 'the other guy'. Dentists and Dentistry needs to remain relevant and respected by those on the 'Hill'.

In order that the Journal be a worthwhile tool, it is imperative that you reach out to RIDA and offer suggestions for matters that are most dear to you and supply us with issues that will have great impact upon our profession. In closing, we welcome you with open arms, and look forward to mutual exchanges that will benefit this wonderful professional that we know as Dentistry.

Bob Bartro

Bob Bartro, DDS
EDITOR IN CHIEF



"Because of DLN dentists, veterans like me are getting the dental services we need."

Will you see ONE to CHANGE a life?

WillYouSeeONE.org

You can *change* a life

From clearing up painful dental infections and being able to eat again to rejoining the workforce – volunteering with Dental Lifeline Network's Donated Dental Services program will make a life-changing difference for the people we serve.



FROM THE PRESIDENT

By George Gettinger, DMD;

Rhode Island Dental Association President 2017-2018

Welcome to the first edition of the Journal of the Rhode Island Dental Association. I hope everyone has had an enjoyable and fun-filled summer! As we start the business this year, I wish to say that I am honored to be able to serve as the RIDA President and am looking forward to working closely with our new Executive Director, Chris Klimecko. He comes to us after having served as the Executive Director of the New York State Dental Association's 8th District Dental Society. He brings with him a number of new ideas, this journal being one. I want to thank my predecessor, Dr. Bryan Beagan, for being persistent in this search and finding such a qualified person.

Chris comes at a good time to be able to help with an issue that has been weighing on my mind. Our association depends upon support from members and although membership has remained strong, active participation is declining. We have components that rarely meet, if at all. We have delegates who cannot make it to twice a year House of Delegates meetings. There are trustees who feel the Board of Trustees meetings are optional. And finding members willing to take on the responsibility of leadership by serving on the Executive Board is becoming more and more difficult.



I don't know what the answers are. It's been suggested that we reduce the House meetings to only one per year. Perhaps we should follow the New Hampshire model and eliminate the House of Delegates all together. We can even adopt the model used in Vermont where not only do they have no House of Delegates, they have no components! This is all food for thought and worthy of discussion.

I'm looking forward to attending the upcoming component meetings and look forward to meeting as many members as possible. I'd like to share my RIDA experience, talk a little about its history, and discuss where we are headed. Please feel free to contact me with your thoughts and/or new ideas!

Sincerely,

George Gettinger

RIDA MEMBER DIRECTORY

The Rhode Island Dental Association will be producing a 2018 Membership Directory. In order for this to be successful, it is imperative that our members update their profile with their current preferred mailing address, email address, and phone number. Please be sure your record indicates your specialty, if necessary.

Updating your record should be done through the ADA website. You can visit the RIDA website at www.ridental.org and click the link at the top right of the home page that says "Update Your Member Profile!" and login there. You can also email Madeline at madeline@ridental.org with all of the above information and she can update your record.

ASSOCIATION UPDATE

By Chris Klimecko, RIDA Executive Director

It's been just over six months since I started with RIDA. As such, I thought this was a good time to bring everyone up to speed on what's been happening at the Association office.

Journal

When I arrived in April, we were publishing a short monthly newsletter. Although it was well done, we thought it was time to take it to the next level. The result was this Journal. With Doctor Robert Bartro as its first executive editor, and our office coordinator working on the layout, I was confident that we could produce a high-quality product.

The future of this publication will rely heavily on the number of member contributions we receive. So, we ask that you consider writing the occasional article, be it scientific, practice management related, or just about anything that might impact oral health, and submit it by the prescribed cutoff date. A nice problem to have would be having too many articles rather than not enough.

The Holidays Are Coming

Hard to believe, but the holiday season will be upon us very soon. For many of us, that represents some down time: time that's often spent with family. In that spirit, we thought it would be nice to host a children's holiday party. It will be held on Saturday, December 2nd at the Warwick Center for the Arts. The event will begin at 10:00am with breakfast for all attendees. Expect some crafts, entertainment, and a visit from Santa. Keep an eye out for your invitation, we hope to see you all there.

The Last Word

The next journal is scheduled for release in the winter of 2018. We look forward to your submissions. Until then, look to your email for up to date information.

New Dentists

New dentists are those that graduated from dental school less than 10 years ago. This group represents the future of organized dentistry and we need to ensure that they have a strong RIDA connection. In working toward that goal, we hosted an evening new dentist event in August at the East Greenwich Yacht Club. We had great food, prizes, and a beautiful view. If you're a new dentist and you missed your invite, please let us know the best way to contact you in the future. If you are interested in joining our New Dentist Committee and want to help us plan future events, please give the Executive Office a call at (401) 825-7700.

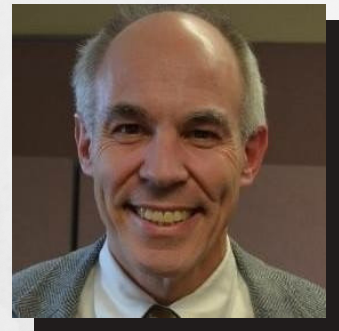


Enjoy what's left of fall and have a safe and happy holiday season!

GREETINGS FROM THE STATE DENTAL DIRECTOR

By Dr. Samuel Zwetchkenbaum

Dental Director for the Rhode Island Department of Health Oral Health Program



It is a pleasure to be writing to you all as the State Dental Director. It is especially gratifying as I have been a proud member of the American Dental Association for the past 33 years. For the past year, I have been working at the Rhode Island Department of Health's (RIDOH) Oral Health Program (OHP) and at the Department of Human Services providing dental oversight to the Medicaid program.

I have been fortunate to be a part of a great team at both Departments. At RIDOH, I bring dental knowledge and clinical experience to a team of dedicated public health workers, including Program Manager Sadie DeCourcy and Fluoride and Sealant Coordinator Veronica Rosa-DaFonesca, to undertake programs aimed at eliminating oral health disparities in Rhode Island. We are fortunate to be funded by federal grants from the Centers for Disease Control (CDC) and the Health Resources and Services Administration (HRSA). As the OHP moves forward, we recognize that we are building on the work of many past members of the team, from the late Joseph Yacavone, who fought tirelessly in the 1960s to ensure communities had water fluoridation in Rhode Island, to more recent Program Managers, Laurie Leonard and Maureen Ross, who were successful in expanding the OHP to create key coalitions and develop state oral health plans. (See article in this Journal about the Rhode Island Oral Health Commission for more information).

I'm excited that the Rhode Island Dental Association has brought back this Journal, and I hope to use this space to share important information related to oral health or Rhode Islanders and about initiatives from OHP and Medicaid. Most of these initiatives would not be possible without the active participation of the dental community, so keeping you informed and developing opportunities for two-way communication is key.

RIDOH has many divisions, and I enjoy my role as the "go-to-person" for oral health issues and to have the opportunity to collaborate on diverse efforts such as the HPV vaccination, tobacco cessation, workforce transformation, and community water fluoridation (CWF). RIDOH receives monthly reports from each public water system in the state, and the OHP then reviews and submits data to the CDC for publication on its *My Water's Fluoride* website.

OHP also receives notices of any challenges to water fluoridation at the community level, and a key component of our response plan is letters of support from local dental providers. In the past year, there were challenges in Warwick and Newport, and the supportive response from the oral health community was impressive and effective. Additionally, Rhode Island recently received commendation from the CDC for nine consecutive months when 85% of public water supplies reported fluoride levels in the ideal range or 0.6-0.9 parts per million (ppm).

The OHP also supports the evidence-based practice of sealants, and we help assure funds for SEAL RII to bring this important preventive measure to low-income youth. More recently, the HRSA-funded Perinatal and Infant Oral Health Quality Improvement (PIOHQI) project has worked hard to assure that pediatricians, OB-GYNs, dentists, families, and family-support providers recognize the need for, and the safety of, dental care during pregnancy and the value of the age-one dental visit to start kids on a life-long path to good oral health. Without the participation of the dental community, this program cannot succeed. Additionally, we collaborate with other RIDOH teams such as Family Visiting and the WIC

program to reach new moms and provide important oral health messages early.

I am also a member of the Association of State and Territorial Dental Directors (ASTDD), and this membership allows me to network with other states, share best practices, and obtain technical support from a team of experts. One example of this technical support is the Oral Health Surveillance Program. This has multiple components, from determining disease levels to documenting the capacity for care by practitioners. Disease is evaluated locally by screenings surveys, and we do these assessments for different age groups. The OHP also interprets national data and determines what factors are linked with greater disease levels. We rely on screeners, both dentists, and dental hygienists, who participate in these important programs.

In collaboration with the Workforce Subcommittee of the Rhode Island Oral Health Commission, I have been visiting high schools, youth organizations, and colleges to give presentations about dental careers and the need for a diverse workforce. We look forward to collaborating with the provider community, including RIDA dentists, to ensure that any high school or college student who is interested in

shadowing or volunteering in a clinical setting is able to do so. Be on the lookout for opportunities to include your office as a learning site for future dental providers.

I also serve as the Dental Director of Rhode Island's Medicaid program, which serves almost 250,000 vulnerable and diverse adults and children. I have had important conversations with many of you about how the reimbursement rates, program restrictions, and high no-show rates discourage participation. I know I am not the first to participate in meetings, write letters, and knock on doors to advocate for meaningful change to bring better oral healthcare to the most vulnerable in Rhode Island, and I confess I am still learning. But each day, I realize the solution is complicated and requires an incredible amount of teamwork.

The work my teams do to improve the oral health of all Rhode Islanders, no matter the ZIP code, is only one piece of the proverbial puzzle. We are successful because of the many of you, and I look forward to talking more. If you have any questions or concerns, I can be reached at:
Samuel.Zwetchkenbaum@health.ri.gov.

Allow us to (re)introduce ourselves! Here at TeethFirst!, we promote early dental visits for very young children in Rhode Island. We are a non-profit initiative of the RI Oral Health Commission and Rhode Island KIDS COUNT.

We believe it's never too soon for dentists and families to team up - making a child's first teeth a priority from the start. We work with parents & families, community organizations, dental, and healthcare providers to help get our littlest Rhode Islanders connected to a dentist! We've developed many free materials for dental providers, including brochures, videos, posters, and a patient education flip book (a conversation guide for you to use with your patients).

Please visit www.teethfirstri.org to order materials and learn more, and email Katy Chu with any questions: kchu@rikidscount.org.



Teeth FIRST!

Creating healthy smiles for a lifetime.



Join us for the

First annual Dental Lifeline Network RI **Thanks & Giving Day**

Tuesday, Nov. 21

Rhode Island Donated Dental Services (DDS), a program of Dental Lifeline Network, will host its first annual **Thanks & Giving Day** on Tuesday, Nov. 21, to bring attention to elderly, disabled and medically fragile Rhode Islanders who struggle with dental problems.

This special day of recognition will:

Shine a spotlight on DDS and encourage Rhode Islanders who could benefit to download a program application

Recognize current and past volunteers for their service, and help recruit new dental volunteers

Raise money to help patients access dental care through DDS

How can you help?

Donate 20% of your dental hygienist fees for this one day (Nov. 21) to Dental Lifeline Network. Be sure to tell your patients that part of their fee is supporting this program

Donate through our secure website

Become a DDS volunteer

Tell people about our program

We hope you'll join dental offices and laboratories across Rhode Island in this convenient one-day effort to raise funds and boost awareness.

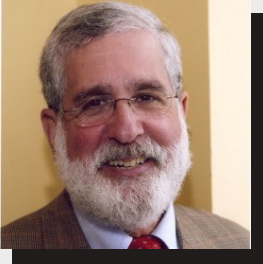
Since 1989, more than 360 Rhode Island dentists and 65 dental laboratories have donated more than \$6 million in dental treatment in private dental offices for approximately 3,000 Rhode Islanders. Visit DentalLifeline.org/Rhode-Island to learn more.



Sponsored by Delta Dental of Rhode Island, our partner since 1989

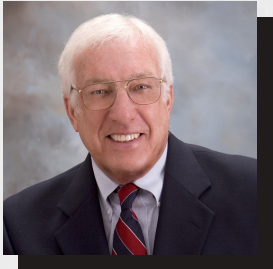
CONTINUING EDUCATION SPEAKER BIOS

All CE courses for 2017 & 2018 will be
at the Quidnessett Country Club
950 North Quidnessett Rd.
North Kingstown, RI 02852



Dr. Morton Rosenberg
"Medical Emergencies & Sedation"
November 8, 2017
9:00am-4:00pm 6 CEUs

Dr. Morton Rosenberg, Professor Emeritus of Oral and Maxillofacial Surgery and Head, Division of Anesthesia and Pain Control at Tufts University School of Dental Medicine (TUSDM) and Professor of Anesthesia at Tufts University School of Medicine. Dr. Rosenberg received his D.M.D from Tufts. On completion of a residency in Anesthesia at Tufts Medical Center where he was Chief Resident, he was appointed to the full time faculty in the Department of Anesthesia where he became Director of Clinical Anesthesia Services and Medical Director of Operating Rooms. He is co-editor of *Medical Emergencies in Dentistry* and has authored 30 chapters and numerous papers in peer reviewed anesthesia, medical and dental journals on subjects ranging from the basic science of anesthesia agents to the introduction of simulation into medical, dental, and continuing education programs.



Dr. Richard Wynn
"Opioids"
February 21, 2018
8:30am-4:30pm 8 CEUs

Richard L. Wynn, PhD is Professor of Pharmacology at the Dental School, University of Maryland, Baltimore. He was awarded the BS in Pharmacy, MS and PhD degrees all from the University of Maryland. He was a practicing pharmacist for 10 years. He chaired the Department of Pharmacology at the University of Maryland Dental School from 1980 to 1990, and the Departments of Pharmacology and Biochemistry, 1990-1995. His research laboratories have contributed to development of fentanyl-type intravenous anesthetics, inhalant anesthetics and agents for control of chemotherapy-induced nausea. He has to his credit over 400 publications including original research articles, textbooks, book chapters, and monographs. He has given continuing education seminars since 1975 to dental professionals in the US, Canada, Mexico and Europe.

**Extended hours will fulfill the new opioid requirements in the state of Rhode Island for Schedule II prescribers. Schedule II prescribers must stay for the entire day in order to receive the full 8 credits.*



Karen K. Daw, MBA
"OSHA & Infection Control Training"
April 18, 2017
9:00am-12:00pm 3 CEUs

Karen K. Daw, MBA received her Bachelor's degree from The Ohio State University and after graduation stayed on at OSU as the Assistant Director for the Sterilization Monitoring Service and then as the Clinic Health and Safety Director for the OSU College of Dentistry. She continued her education by earning an MBA with a focus on Management and Healthcare Administration, applying principles of lean processes to safety in the dental field. Ms. Daw is an Authorized OSHA Trainer with 20 years of experience as a writer, speaker, and consultant providing dental continuing education courses in a relatable and engaging format.

Don't forget! OSHA is required yearly for ALL dental professionals!

REGISTER ONLINE

FOR ALL COURSES

WWW.RIDENTAL.ORG/EDUCATION/CE/REGISTER

RADIATION REGULATIONS UPDATE

By Kyla Pecchia, Esq.

Quinlan • Durant Attorneys at Law

At the March and June meetings of the Board of Examiners in Dentistry, the Radiological Health Program addressed several frequently asked questions in light of the recent inspections. For your reference, please find those questions and their corresponding answers below:

If the doctor or one of their assistants is taking a radiograph with a Nomad or other hand-held device, do we need to wear thyroid collars?

Yes. Thyroid collars are required for both the operator and the patient. Though there is no explicit language in the Rules and Regulations for the Control of Radiation that makes it a requirement, it was stated at the meeting that an operator should be wearing a thyroid collar when using a hand-held device. (RI Regulations for the Control of Radiation, Part F, Appendix D, Section 1(b)).

What is a shielding plan and who is required to have one?

A shielding plan is a drawing of the room, kept in a visible or accessible place in your office that shows the following information:

- Type of machine(s)
- Location of machine(s) within your office as well as within the room
- What the floor, walls, and ceiling are made of in each room where a machine is kept

It was explained that in any new office or renovation that changes the configuration of the machine and/or the walls, the provider needs to request a shielding plan and an evaluation by a physicist from the Department of Health. Despite the state of your office, **all offices must now have shielding plans**. Site inspectors will be looking for shielding plans. For existing offices in which you do not have a shielding plan and only use **intraoral devices**, a physicist must come in and create a plan. **Physicists who are hired to calibrate your machines will not create a plan for you unless you specifically ask them to do so.**

How often do my machines need to be calibrated and inspected?

ALL machines (including conventional/digital panoramic, panoramic plus CEPH and cone beam CT's) must be calibrated and inspected annually. The one exception to this rule is intraoral machines, which must be calibrated upon every installation or renovation. (Refer to Footnote 84 on page F-38 of the Rules and Regulations, Section F-13). For the calibration of wall mounted units, refer to the manufacturer recommendations. It is strongly recommended by the department that a practitioner refer to the operating manual of a particular machine for factory-recommended calibration and inspection guidelines.

Who needs to wear dosimeters and when do we need to generate reports?

Anyone taking radiographs must wear a dosimeter badge. (RI Regulations A.2.3(a)(1)(i)). Reports may be generated as often as the devices are collected, but employees must be given an annual report of their readings. Every employee must date and initial their reports to indicate that they acknowledge and have been notified of their individual exposure to readings. These initialed reports must be kept for the duration of your practice. A sample log is attached to this document.

Additionally, employees who are pregnant must wear two badges. (RI Regulations A.2.10 and A.3.3(a)(3)).

What about an employee who has been terminated? Or is a temporary employee?

An employee who leaves or has been terminated must receive a termination report at the time of termination. This report should include readings for at least one (1) year prior to the date of termination. Though it is not required, it is recommended that this report be sent via certified mail to ensure that the employee received a copy.

If you have temporary employees in your office that will be taking radiographs during their limited employment, they must have a dosimeter badge. If you anticipate having any temporary employees, it is suggested that you purchase

additional badges for those employees to have on hand*. Be sure to keep a record indicating the badge number, which temporary employee used the badge, and the date of use. **However, the same badge cannot be used again for the duration of that particular monitoring period, so as not to "cross-contaminate" reading results. Only one temporary employee may use their numbered badge during a reading cycle.**

Do I need to keep exposure logs for my machines?

Yes, you must keep exposure logs for each machine, either in writing or digitally, and the information must be readily retrievable and include the following: **date of exposure, number of exposures, operator, operatory room/location of machine, and patient name.** During inspection, these logs must be easily accessed upon request by the inspector. Please remember to document repeat and retaken exposures.

Miscellaneous Information:

- A copy of the current regulations must be kept on-hand at all times in the office and be accessible to all employees. This can either be in print or saved to a computer. The Rules and Regulations can be found at this link: <http://sos.ri.gov/documents/archives/regdocs/released/pdf/DOH/4864.pdf>. There is also a copy in the members section of the RIDA website.
- Remember, a copy of the RCA-1 form must be posted in the office with other mandatory notices to employees.
- Prior to your inspection, you will be sent a notification letter. This letter will include potential dates and times for an inspection, as well as an estimated time frame for that particular inspection. At your earliest convenience, you are to choose a date and time that works with your schedule and notify the Department.

If at any time prior, during, or after your inspection you have questions or concerns, please do not hesitate to call (401) 272-5300 or email our office at info@qdlawri.com

* The Radiological Health Department suggested the use of electronic badges for temporary employees, as these types of badges have the ability to be zeroed out after each recorded use.

CHILDREN'S DENTAL HEALTH MONTH EVENT

February is Children's Dental Health Month

On Saturday, February 17, 2018, the RIDA will be co-hosting a Children's Dental Health Month Event at the Warwick Mall. Volunteers from the RIDA and various oral health related organizations throughout the state will be at the mall from 10:00am-3:00pm distributing educational materials along with toothbrushes and toothpaste.

Setup will begin at approximately 9:00am. Lunch will be provided for volunteers. As we get closer to the event, the exact location in the mall will be announced.



If you wish to volunteer, please complete the signup form located on the RIDA website at www.ridental.org/education/CDHM and return it to the RIDA office either by email to cklimecko@ridental.org or fax to: 401-825-7722.

OPIOID ALTERNATIVES

By Dr. Samuel Zwetchkenbaum

Dental Director for the Rhode Island Department of Health Oral Health Program

Rhode Island dentists are important public health partners in preventing the incidence of opioid dependence and accidental overdose. Non-narcotic approaches to pain management are an essential part of combating the state's opioid crisis. Dentists are called upon to discuss non-opioid alternatives to post-procedural pain. The Instructions for Managing Pain after Dental Surgery below, offer evidence-based advice on how to combine non-prescription ibuprofen and acetaminophen to relieve pain after dental surgery. The instructions offer a convenient chart for dentists to complete with patients after surgery, ensuring effective pain relief and dosing. Thank you to our colleagues at the University of Texas San Antonio School of Dentistry, Department of Endodontics for sharing this dentist-patient education tool.

INSTRUCTIONS FOR MANAGING PAIN AFTER DENTAL SURGERY

Your comfort following dental surgery is an important part of your overall oral health.

Traditionally, narcotic medications (e.g., oxycodone, hydrocodone, and codeine) have been prescribed for pain after dental procedures. These pain medications have been found to be less effective than more recent recommendations.

The new recommendations combine non-prescription ibuprofen (Advil® or Motrin®) with acetaminophen (Tylenol®) in six-hour intervals throughout the day. Research suggests that combining non-prescription ibuprofen and acetaminophen is more effective in managing pain and has fewer side effects. Studies from around the world show positive results in over 44,000 dental patients (Moor, P. & Hersh, E., 2013).

Patient Instructions: Take three tablets of non-prescription ibuprofen 200 mg together (total dose=600) with one tablet of non-prescription acetaminophen 325 mg immediately after your dental surgery. Continue this regimen every six hours and as directed by your dentist. Do not take more than these recommended doses. Continue this regimen for the first 48 hours after dental surgery, even if you are not experiencing any discomfort.

Patient Precautions: Follow all package warnings for non-prescription ibuprofen and acetaminophen, and do not exceed recommended dosages. Patients with a history of heart failure and kidney/liver disease should avoid using ibuprofen and acetaminophen. Consult with your healthcare provider about health risks associated with taking these medications.

Dentist: The two-day dosing chart below tracks recommended dosages of ibuprofen and acetaminophen based on the new pain management recommendations. Please review this chart with your patient.

Day 1		Day 2	
Dose 1	Time	Dose 1	Time
Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm	Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm
Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm	Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm
Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm	Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm
Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm	Take 3 tablets of ibuprofen 200mg (total dose = 600mg) with 1 tablet of acetaminophen 325mg	am pm



LEGISLATIVE UPDATE

By Christy Durant, Esq. and Kyla Pecchia, Esq.
Quinlan • Durant Attorneys at Law

This year's Annual ADA Constituent's Council agenda boasted a number of topics that were pertinent to the practice of dentistry and our unique position as counsel for the Dental Association. While there were many topics, these few seemed to be the most relevant to the current and future issues facing the Dental Association:

Regulatory Update

The HIPAA Audit Program (working closely with the Office of Civil Rights) is currently in Phase 2 of its reviews of policies and procedures adopted and employed by covered entities and business associates. The reviews will ensure that these entities are compliant with standards and implementation specifications of the Privacy, Security and Breach Notification Rules. Audits can happen on site or remotely. Guidance as to what auditors will be checking for can be found at <https://www.hhs.gov/sites/default/files/2016HIPAADeskAuditAuditeeGuidance.pdf>

More specifically, examples of recent enforcement actions taken against entities have included: risk analysis, encryption, timely breach notification, and business associate agreements. The Office of Civil Rights (OCR) strongly recommends having policies in place regarding cyber-attacks and virtual security breaches, especially for software containing PHI. A helpful and OCT recommended guide to data breach can be found at <https://www.ftc.gov/tips-advice/business-center/guidance/data-breach-response-guide-business>.

Audited entities have ten (10) days within which to respond to concerns/issues, and the Audit Program has another ten (10) days to respond back to the entity with its report.

For further questions, feel free to contact legal or Paula Tironi, ADA Senior Association General Counsel, email: tironip@ada.org

Legislative Update

Many legislative issues raised at the Constituent's Council workshop were on par with what Rhode Island has already recognized as a priority:

- **Radiation Regulations:** Specifically, cone beam inspections. ADA will likely propose an inspection be completed every three to five years to defray costs to the dentists, but has yet to make any formal recommendations.
- **Anesthesia Regulations:** Again, while the ADA has not made any specific recommendations legislatively, they noted that many states have taken up this issue and the need for updating state regulations regarding anesthesia.
- **DIY Orthodontics** (i.e. mail-in molds for invisible braces)
- **Latex gloves v. powdered gloves**

Specialty Recognition Developments

As may have previously been known, the ADA Board of Trustees (BOT) created the Specialty Recognition Task Force in September 2016. This task force was charged with "conducting a critical evaluation of the process and criteria by which specialties and specialty certifying boards are not recognized" and report with recommendations for process and criteria revisions by July 2017. Among other things, the task force reached the conclusion that any criteria accepted should reflect public safety and financial prudence. Ultimately, the task force proposed the creation of the "National Commission on Recognition of Dental Specialties and Certifying Boards." The

Commission would formulate and adopt specialties and specialty recognition procedures and provide an appeals process for adverse decisions. Next steps for the creation of this Commission will include editing by the ADA By-Laws and final approval by the ADA House of Delegates.

Website Accessibility Developments

In recent cases unrelated to the practice of dentistry, courts have begun to penalize entities whose websites are not ADA (American with Disabilities Act) friendly. See *Robles v. Dominos Pizza LLC* (C.D. Calif, March 20, 2017). The main takeaway was that an accessibility notice with a telephone number for assistance could help minimize legal risks.

As always, we were grateful to the RIDA for sending us to the annual ADA Constituent's Conference, as we can state with confidence that we are equipped to be better legal advisors for having attended. We are elated to see that Rhode Island is on the forefront of many legislative initiatives and have met many colleagues who will be valuable assets moving forward.

Should any member have questions or concerns based on the content of this report, please do not hesitate to reach out.

Christy B. Durant, Esq.:
cdurant@qdlawri.com

Kyla M. Pecchia, Esq.:
kpecchia@qdlawri.com

RHODE ISLAND ORAL HEALTH COMMISSION

*By Marie Jones-Bridges, CDA, RDH, BS
Elected Co-Chair, Rhode Island Oral Health Commission*

The Rhode Island Oral Health Commission (RIOHC) provides a forum to coordinate statewide efforts to achieve optimal oral health and to improve access to dental providers for all Rhode Islanders. The RIOHC was established in 2010 at the conclusion of the 1998-2007 Special Senate Commission to: Study and Make Recommendations on ways to Maintain and Expand Access to Quality Oral Healthcare for All Rhode Island Residents. The Special Commission was chaired by then Senator Elizabeth Roberts.

The Mission of the RIOHC is to advocate for the oral health interests of Rhode Islanders by:

- Formulating and promoting sound oral health policy;
- Increasing awareness of oral health issues; and
- Assisting in promotion of initiatives for the prevention and control of oral diseases.

Our Vision is to promote lifelong, optimum oral health and health equity through:

- Primary prevention at the family, community, and healthcare professional levels;
- Accessible, comprehensive and culturally competent community-based oral healthcare provided through a variety of financing mechanisms;
- Educational opportunities throughout life that allow individuals to make better decision for their health; and
- Informed and compassionate policy decision at all levels of government.

RIOHC Guiding Principles in support of the organization's mission the RIOHC believes in the following principles:

- Universal access to oral healthcare;
- Promotion of oral health services that are community-based, preventive, and culturally appropriate;
- Creation of partnerships with public, private, and community-based stakeholders, decision-makers and the public regarding oral health issues;
- Clear and open communication with all stakeholders to facilitate mutual goals and objectives;
- Right and responsibility of individuals to participate in decisions affecting their own oral health;
- Creative approaches to address oral health issues;
- Strategies based upon sound scientific principles;
- Value and strength of the current oral health delivery system; and
- Teamwork and continuous improvement.

The Commission holds quarterly meetings which are open to any interested individual or entity with the intent in becoming knowledgeable on the oral health status of Rhode Island. Open dialogue is encouraged in seeking solutions to issues or concerns that arise.

On May 10th 2017, the Commission held its Annual Oral Health Summit titled: Medical-Dental Integration: A Paradigm Shift of Patient Care.

Within the format of the Summit-RIOHC in collaboration with the Rhode Island Department of Health (DOH) launched the 2017-2021 Rhode Island Oral Health Plan. This is the fourth five-year plan since 2001. The Plan outlines a strategic course of action that builds on past successes and focuses on increasing positive outcomes. The Plan identified 5 key priority areas:

Area 1: improve access to oral healthcare services

Area 2: inform and support productive oral health policy decisions

Area 3: integrate the oral health and the medical care systems

Area 4: increase the oral health literacy of Rhode Islanders

Area 5: sustain the oral health provider workforce

The Commission acknowledges the diverse volunteer group of stakeholders ranging from non-profit organizations, foundations, private practices, community health centers, insurers, educational institutions, state governmental agencies and many other health advocates for their commitment, dedication and contributions to the mission and vision of the Rhode Island Oral Health Commission.

We would also at this time acknowledge the Office of the Lieutenant Governor Dan McKee for his support and input to the Commission.

RESEARCHED.
PROVEN.
ENDORSED.

ADA Business Resources™

The products and services you'll find here can help manage the business-side of your practice more smoothly and efficiently. Make your choice with confidence knowing these resources have been thoroughly researched and endorsed for Members of the American Dental Association. Visit www.adabusinessresources.com/en for more information



ADA Credit Cards



Payroll



Credit Card Processing



Apparel for Staff



Computers & Technology



Shipping



Tours & Cruises



Patient Financing



Practice Financing & Commercial Real Estate



Mercedes-Benz

Luxury Vehicles



Secure Communication Solutions
Website & Marketing Services



Online Backup & Electronic Records



Message On Hold



Interpretation & Translation Services



Appliances



Amalgam Recovery Program
Sharps Management
Emergency Medical Kits

Malpractice Insurance | By Dentists, For Dentists®



Robert Bartro, DDS
EDIC Board Director

**Real Advocacy.
Real Dentists.
The EDIC Advantage For
RIDA Dentist Members**

Eastern Dentists Insurance Company (EDIC), the endorsed dental malpractice carrier for Rhode Island dentists, has partnered with RIDA for over 20 years - a partnership that truly has benefited our RIDA dental colleagues. With this endorsement, RIDA members have value-added benefits as well as local representation on the EDIC Board of Directors. Former RIDA President, Dr. Robert Bartro, serves on the EDIC Board and guarantees your voice is being heard as he participates in every decision that EDIC makes and actively advocates EDIC's "By Dentists, For Dentists®" philosophy.

EDIC is the Endorsed Dental Malpractice Carrier of



Rhode Island
DENTAL ASSOCIATION

The EDIC Advantage:

- Board of Directors is comprised of dentists
- Educational and financial support for 16 dental schools
- Proactive risk management program with FREE webinars earning CEU's
- EDIC's customer service team is personally dedicated to you
- Outstanding claims handling with a 92% win rate of claims that go to trial
- EDIC issues \$75* policyholder dividends to all eligible RIDA insureds

**EDIC Supports Our Colleagues 100%
Because We Are Dentists Too.
Join EDIC Today!**

800-898-3342 • www.edic.com

LinkedIn | [Twitter@EDICInsurance](https://twitter.com/EDICInsurance) | www.facebook.com/EDICInsurance

*Excludes corporations and policies with expiring premium of \$100 or less

NEW MEMBERS

PLEASE JOIN US IN WELCOMING THE FOLLOWING DENTISTS AS NEW MEMBERS OF THE RHODE ISLAND DENTAL ASSOCIATION

Gregory Barner

Tufts University School of Dental Medicine, 2011
Employed: 550 Douglas Pike; Smithfield, RI

Alexandra Costa

Boston University, 2014
Employed: 99 Main St., Warren, RI

Paulo DaRosa

Marquette University, 2000
Employed: 490 High St., Suite 1; Cumberland, RI

Justin Dessereaux

University at Buffalo, 2016
Graduate: NY-Hudson Valley VA Health Care System
Employed: 41 East Ave.; Westerly, RI

Christopher Fallago

Boston University, 2016
Employed: 1127 Park Ave.; Cranston, RI

Michelle Garnache

Tufts University, 2016
Employed 870 Charles St.; N. Providence, RI

Lisa Hilpl

Tufts University, 2015
Employed: 460 S. Main St.; Woonsocket, RI

Gloria Hwang

University of Pennsylvania, 2009
Graduate: NY-Interfaith Medical Center Dept of Dentistry
Employed: 1750 Main Rd., Unit 1; Tiverton, RI

Snehal Lakhkar

Boston University, 2016
Employed: 1090 Cranston St., Suite 1; Cranston, RI

Jennifer Logigian

Arizona School of Dentistry & Oral Health, 2013
Graduate: Tufts University
Employed: 335R Prairie Ave., Providence, RI

Shruti Mantravadi

University of Pittsburgh School of Dental Medicine, 2017
Employed: 5 Benefit St.; Providence, RI

Alyssa Mazzoli

Boston University, 2016
Employed: 52 Hamlet Ave.; Woonsocket, RI

Nicholas Paquin

Tufts University, 2015
Graduate: NYU Lutheran Pediatric Dentistry Providence, 2017
Employed: 840 Tiogue Ave.; Coventry

Christina Piacquadio

Tufts University, 2016
Graduate: NYU Lutheran Pediatric Dentistry Providence, 2017
Employed: 1438 Park Ave.; Woonsocket, RI

Javier Ramirez

University of Illinois at Chicago, 2007
Employed: 1090 Cranston St.; Cranston, RI

Eric Ricci

Tufts University, 2017
Employed: 1252 Smith St.; Providence, RI

Diana Yun

University of Pittsburgh
Employed: 335R Prairie Ave., Providence, RI

Isaac Zisblatt

Boston University, 2016
Employed: 142 Danielson Pike #A; Foster, RI

IN MEMORIAM

Dr. Cornelia Anderson
Dr. James Ferioli
Dr. Philip McGrath

2018 ETHERINGTON AWARD

We'd like to congratulate Rhode Island's very own, Dr. Jeffrey Dodge, on winning the prestigious Etherington Award for 2018. This award is given annually in recognition of New England dentists who dedicate much of their professional lives to furthering the high ideals and objectives of organized dentistry. Dr. Dodge graduated with a BA in Biology from Saint Michael's College in Winooski Vermont in 1982 and a DMD degree from Tufts University School of Dental Medicine in 1986. He served as president of the Rhode Island Dental Association in 2008 and is an active Yankee Dental Congress volunteer, chairing numerous committees, and is also a member of the Yankee Oversight Committee. He is a fellow of the American College of Dentists, the Pierre Fauchard Academy, and the International College of Dentists as well as the 2016 Armen Nalband volunteer award winner. Dr. Dodge believes in giving back to the community and is active in volunteer organizations such as, Christina's Smile, Mission of Mercy program, and Donated Dental Services, as well as the Rhode Island Oral Health Commission, and the Oral Health Professional Advisory Committee. He is chairman of the Board of Dental Examiners in Dentistry and parliamentarian of the RIDA House of Delegates, and is currently serving the American Dental Association as an appointed member on the Council on Members Insurance and Retirement Programs. Dr. Dodge maintains a private practice in Woonsocket and enjoys golf, travel, and time with his family. His dedication to dentistry and public health is nothing short of inspirational.



PREVIOUS ETHERINGTON AWARD WINNERS

Dr. James W. Etherington (MA-1976)
Dr. Hubert McGuirl (RI-1977)
Dr. J. Murray Gavel (MA-1978)
Dr. James Rubin (CT-1979)
Dr. John J. Houlihan (NH-1981)
Dr. James Kershaw (RI-1982)
Dr. Joseph G. DiStasio (MA-1983)
Dr. S. Patric Scavotto (MA-1984)
Dr. William McKenna (MA-1985)
Dr. Robert Shira (MA-1986)
Dr. Philip Williams (MA-1988)
Dr. George Ferguson (RI-1989)
Dr. Joseph Yacovone (RI-1990)

Dr. Floyd Williams (NH-1991)
Dr. Herbert Schilder (MA-1992)
Dr. Raymond Nagel (NH-1993)
Dr. Charles Hapcook (MA-1994)
Dr. Henry Pollard (ME-1995)
Dr. Edwin Mehlman (RI-1996)
Dr. A. Howard McLaughlin (CT-1997)
Dr. Gerald Carrier (MA-1999)
Dr. David Neumeister (VT-2000)
Dr. Howard (Tony) Bates (ME-2001)
Dr. Ronald Chaput (MA-2002)
Dr. Clark A. Sammartino (RI-2003)
Dr. Michael S. Swartz (MA-2004)

Dr. James Schmidt (ME-2005)
Dr. Norman Becker (MA-2006)
Dr. David Stahl (NH-2007)
Dr. Howard I. Mark (CT-2008)
Dr. Alan DerKazarian (MA-2009)
Dr. Joseph Kenneally (ME-2010)
Dr. Jeanne P. Strathearn (CT-2011)
Dr. Raymond George (RI-2012)
Dr. Francis A. Connor Jr. (RI-2013)
Dr. Robert A. Faiella (MA-2014)
Dr. Robert Schreiber (CT-2015)
Dr. AJ Homicz (NH-2016)
Dr. J. Stephen Tonelli (MA-2017)

2017 AWARD WINNERS

2017 RIDA HUMANITARIAN AWARD DR. ALLEN SCHENCK

The Humanitarian Award is presented for outstanding public service to improve the quality of human life. This award is for someone who has provided leadership and volunteer efforts that reflect favorably upon the profession of dentistry. These acts of kindness exhibit a significant devotion of time, talent and energy that contribute to a legacy that is inspirational to members of the dental profession and beneficial to the community.

2017 KERSHAW AWARD DR. MARIAN ROYER

The Kershaw Award is presented to a member of the Rhode Island Dental Association who has demonstrated honesty and integrity. A person who has made an outstanding contribution to the community while representing the goodwill of the dental profession.

SPECIAL RECOGNITION DR. ROBERT BARTRO

For his dedicated service to the Rhode Island Dental Association, Dr. Robert Bartro was awarded a Rhode Island state flag that had been flown over the capital. The flag was presented at the May Board of Trustees meeting.

2017 DR. JOSEPH BOX EVERYDAY LEADERSHIP AWARD DR. JOSEPH SAMARTANO

The Dr. Box Everyday Leadership Award is presented to a member of the Rhode Island Dental Association who has demonstrated the highest level of ethics and dedication to the improvement of the art and science of dentistry. The recipient has shown exceptional involvement in, and love for, dentistry on many levels; and has shown a compassion for all members in society. In addition, the recipient has earned the universal respect of his or her colleagues.

RIDA CALENDAR

OCTOBER

- October 10
RIDA Board of Trustees Meeting
RIDA Executive Office 6:30pm
- October 19-23
ADA Annual Meeting
Atlanta, GA

NOVEMBER

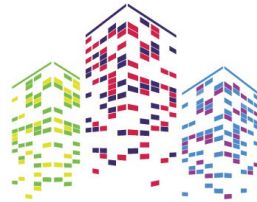
- November 8
"Medical Emergencies & Sedation"
presented by Dr. Morton Rosenberg
9:00am-4:00pm
Quidnessett Country Club
- November 8
Member Pre-Holiday Gathering
4:00pm-6:00pm
Quidnessett Country Club
- November 10-11
New England President/President-elect
Conference, Woodstock Inn
- November 14
RIDA House of Delegates
RIDA Executive Office 6:30pm
- November 23
Thanksgiving Day
RIDA Office Closed

DECEMBER

- December 2
Children's Holiday Party
10:00am-12:00pm
Warwick Center for the Arts
- December 12
RIDA Board of Trustees Meeting
RIDA Executive Office 6:30pm
- December 25
Christmas Day
RIDA Office Closed

JANUARY

- January 1
New Years Day
RIDA Office Closed
- January 24-28
Yankee Dental Congress
Boston, MA



2018 | RAISING THE BAR

JANUARY 24 - 28, 2018 EXHIBITS: JANUARY 25 - 27, 2018
BOSTON CONVENTION & EXHIBITION CENTER

Speaker Highlights



Barbara Bancroft, RN
General Health



Randy Huffines, DDS
Geriatrics



Terry Donovan, DDS
Restorative



Martha Ann Keels, DDS, PhD
Pediatrics



Debra Engelhardt-Nash
Practice Management



Stanley Malamed, DDS
Medical Emergencies



Theresa Gonzales, DMD
General Health



Uche Odiatu, DMD
Nutrition



Kenneth Hargreaves, DDS, PhD
Endodontics



Jeffrey Rouse, DDS
Sleep Apnea



Digital Dentistry –
A Dream Come True
Thursday, January 25 ♦ Morning

PLANMECA®

The Complete Digital Design Flow
in Implant Dentistry
Thursday, January 25 ♦ Afternoon

HENRY SCHEIN®

Digital Summit 2018 @ Yankee
Friday, January 26

Dentsply
Sirona

Navigate Your Digital Future
Saturday, January 27

KAVO | Kerr

Registration and Housing will open on September 20, 2017, at 12:00 p.m.

yankeedental.com | 877.515.9071

Presented by the Massachusetts Dental Society in cooperation with the Dental Societies
of Connecticut, Maine, New Hampshire, Rhode Island, and Vermont

RIDPAC RHODE ISLAND DENTAL POLITICAL ACTION COMMITTEE

Invest in your profession's future!

The Rhode Island Dental Political Action Committee (RIDPAC) is the political arm of the Rhode Island Dental Association. Thanks to your commitment, RIDPAC, your dental legislative voice, now speaks louder in Rhode Island than ever. Your PAC continues to lend support to legislators who have advanced the interests of dentistry, and continues to build strong relationships with Leadership in both the House and Senate. Regardless of party affiliation, RIDPAC supports candidates who will be strong advocates for dentists and the patients they serve.

A pre-eminent reason that RIDPAC has enhanced muscle is because so many of our members have been generously supportive. We are appealing to all dentists to step up our legislative presence by supporting RIDPAC at Championship levels.



Our lobbying team:

Kyla Pecchia, Esq. • Pat Quinlan, Esq. •
Christy Durant, Esq. • Kimberly Mendenhall, Paralegal

Please consider giving at one of the following RIDPAC Champion levels

__ RIDPAC Sustaining Dues	\$125
__ Bronze Champion Membership	\$150
__ Silver Champion Membership	\$250
__ Gold Champion Membership	\$500

All contributions must be made by personal check. Contributions will be targeted to assure the reelection of legislators who listen to dentists! Checks should be made out to RIDPAC and sent to 875 Centerville Rd. | Bldg. 4, Suite 12 | Warwick, RI 02886

RIDA MEMBERS ONLY

Rhode Island Dental Association members have access to an exclusive section of both the RIDA website and ADA website. Both sites use the same login credentials. Your user ID is your ADA number. If you do not already have a password either site will guide you through the process of obtaining one. The RIDA Members Only section includes information on Non-Covered Services, recent contract analysis, Rhode Island Rules and Regulations and any other up to date information we think our members need to know. If there is anything you think we should add, please email Madeline at madeline@ridental.org.



RHODE ISLAND DENTAL ASSOCIATION

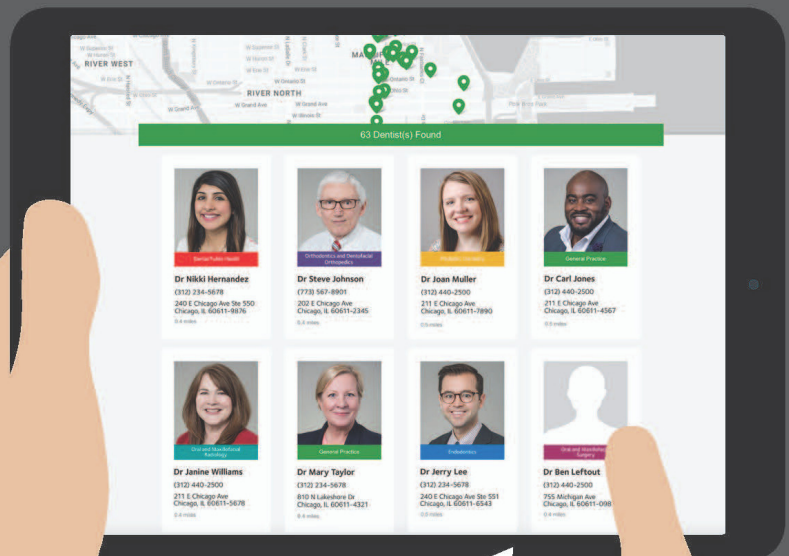
875 Centerville Rd.
Bldg. 4, Suite 12
Warwick, RI 02886

ADA[®]

Don't miss out on new patients! Update your **NEW ADA Find-a-Dentist[®]** profile.

The new Find-a-Dentist tool makes it easier than ever for patients to find you. Take 5 minutes to update your profile with the information patients look for most:

- ✓ Photo
- ✓ Business address
- ✓ Office hours
- ✓ Practice email
- ✓ Payment options
- ✓ Insurance types
- ✓ Languages spoken



IS THIS YOU?
Don't be left out.



To update your profile and access resources to help promote your practice, visit **ADA.org/findadentist**